



# EHP Needs your Help for the Holidays!



## 2022 Holiday Wishlist

The holidays are rapidly approaching, and our families need your help.  
Please add EHP to your gift list:

### Gift Cards:

- Amazon, Best Buy, Burlington, Costco (gift cards do not need membership), Gas cards, Home Depot, Ross, Safeway, Target, Walmart

### Food Wishlist

- Cake mix (yellow)
- Canned Milk (evaporated)
- Canned nuts (almond, peanuts, cashews, etc.)
- Chicken Broth / canned soup
- Cooking Oil
- Cup-A-Noodles / Instant Ramen
- Cranberry sauce (whole berry & jellied)
- Flour
- Frozen chickens, turkeys, turkey breasts and half hams
- Jelly / Jam
- Juices
- Lemonade mix / Presweetened tea, Kool-Aid
- Low sodium foods
- Macaroni and Cheese
- Margarine / Butter / Mayonnaise / Miracle Whip
- Pies / Pastries
- Seasoning / spices: seasoning salt, garlic, pepper sauce, sage, nutmeg, cinnamon, poultry seasoning, thyme
- Stuffing mix (Stove Top, etc.)
- Sugar
- Vanilla extract



### Toiletry / Household Items

- Liquid body soap & bar soap
- Baby wipes, Q-tips, powder
- Brushes, combs, nail clippers
- Deodorant
- Dish soap
- Disposable Diapers (size 3, 4, 5)
- Disposable razors
- Feminine Hygiene Products
- Laundry detergent
- Lotion
- Personal wipes / hand sanitizer
- Reusable beverage containers
- Shampoo & conditioner
- Toilet paper
- Toothbrushes, toothpaste, dental floss & mouthwash

### Teen Holiday Gift Program:

This program is designed for our teens. They are overstressed, overworked and often overlooked by giving programs. Many are filling in for working parents, caring for younger siblings and given adult responsibilities. Please make this Season of Giving special for our teens and allow them the happiness they deserve during the holidays. Following are some gift ideas:

- Gift Cards: Amazon, Best Buy, Target, Walmart, Costco (gift cards do not require membership)
- Bluetooth Speakers, Wireless Earbuds/Headphones
- Cologne/Perfume/Body Mist, Make-Up
- Jewelry
- Movie Passes
- Purses/Wallets, Tote Bags

*Your generosity changes lives!*

**Donate online, mail or drop-off your donations to: Ecumenical Hunger Program**

**2411 Pulgas Ave, East Palo Alto, CA 94303 \*650-323-7781\* [www.ehpcares.org](http://www.ehpcares.org)**

**If you have any questions, please contact LaKesha at [lakesha@ehpcares.org](mailto:lakesha@ehpcares.org)**